



Mareham Le Fen CE Primary School

Personal, Social, Health and Economic Education Policy (PSHE)

Date policy last reviewed: January 2026

1. School Vision, Ethos and PSHE Intent

Mareham Le Fen Church of England Primary School is committed to providing a caring, inclusive and nurturing environment where every child is valued as a unique individual made in the image of God. Our Christian values shape how we behave, what we say, how we build relationships and how we learn.

At Mareham, our PSHE curriculum ensures that knowledge and key skills are taught in a **systematic, well-planned and progressive manner**.

Our whole curriculum, including PSHE, is driven by:

- **Creating a sense of awe and wonder** – curiosity, excitement and encouraging children to think deeply and enquire further
- **Our place in our world** – respect for living things; local, national and global knowledge; cultures, traditions and diversity
- **Vocabulary** – refining and enriching communication to support understanding and language development

We aim to develop our children **physically, socially, mentally, culturally and spiritually**, enabling them to embrace lifelong learning with a sense of awe and wonder and to make a positive contribution to the local and wider community. Pupils experience a wide and rich curriculum that allows them to apply new vocabulary and knowledge meaningfully.

Our PSHE curriculum promotes resilience, independence and a positive mindset. Children are encouraged to understand that learning often comes through making mistakes and reflecting upon them. Everyone thrives when they feel safe, confident and valued, and the wellbeing of every individual is a priority.

Our school vision underpins this work:

“Live life to the full and create a better future for all.”

2. Statutory Context and Links to RSHE

PSHE education at Mareham Le Fen Church of England Primary School provides the **wider curriculum framework** for personal development, wellbeing, citizenship and life skills.

While PSHE education as a whole is **non-statutory**, it includes **statutory components**, namely: - **Relationships Education - Health Education**

These statutory elements are delivered in accordance with the **Department for Education (DfE) statutory guidance (July 2025)**, which comes into force from **1 September 2026**, and are detailed fully in the school's **RSHE Policy**.

This PSHE Policy should therefore be read alongside the RSHE Policy.

3. Aims of PSHE at Mareham Le Fen C of E Primary School

Our PSHE curriculum aims to:

- Support pupils' personal development and wellbeing
- Develop confidence, resilience and self-esteem
- Promote respectful, healthy relationships
- Encourage mutual respect, tolerance and understanding of diversity
- Equip pupils with skills to make safe, informed choices
- Prepare children to play a positive role in society
- Support children in understanding British values and Christian values

4. Curriculum Content and Coverage

PSHE education at Mareham Le Fen C of E Primary School encompasses learning in the following broad areas:

- Personal wellbeing and mental health
- Relationships and friendships
- Citizenship and responsibility
- Keeping safe (including online safety)
- Respect, diversity and inclusion
- Economic wellbeing (age-appropriate)

Statutory Relationships Education and Health Education content is embedded within PSHE and is delivered in line with the RSHE Policy.

5. Programme of Study and Resources

PSHE and RSHE are delivered primarily through the **1Decision PSHE scheme**, which provides a structured, progressive programme from Reception to Year 6.

The scheme supports pupils to:

- Develop emotional literacy and resilience
- Understand and manage relationships
- Recognise safe and unsafe situations
- Make responsible decisions online and offline

Teachers adapt lessons to meet the needs of all learners, including those with SEND, while maintaining statutory coverage.

6. Teaching and Learning Approach (Implementation)

At Mareham, children are expected to work hard and demonstrate positive learning behaviours to maximise their individual learning potential. We are committed to working in partnership with parents and carers.

PSHE lessons:

- Follow clear learning objectives
- Use open discussion and purposeful questioning
- Are adapted responsively based on assessment for learning
- Address misconceptions accurately
- Provide clear, direct feedback

Teaching is:

- Age-appropriate
 - Inclusive and respectful
 - Sensitive to pupils' needs and experiences
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7. Inclusion, Equality and Diversity

PSHE at Mareham Le Fen C of E Primary School reflects the school's commitment to equality and inclusion in line with the **Equality Act 2010**.

Teaching:

- Promotes respect for diversity and difference
- Reflects a range of families, cultures and backgrounds

- Is adapted to support pupils with SEND

No pupil is excluded from PSHE on the basis of gender, faith, ability or background.

8. Safeguarding and Pupil Wellbeing

PSHE plays a key role in safeguarding by supporting pupils to:

- Recognise unsafe situations
- Understand personal boundaries
- Develop strategies for keeping safe
- Know how and where to seek help

Any disclosures made during PSHE lessons are handled in line with the school's **Safeguarding and Child Protection Policy**.

9. Working with Parents and Carers

Mareham Le Fen C of E Primary School values strong partnerships with parents and carers.

Parents and carers will be:

- Informed about the PSHE curriculum
- Given opportunities to view resources
- Consulted when policies are reviewed

Detailed information regarding statutory Relationships and Health Education, including parental rights, is outlined in the school's RSHE Policy.

10. Monitoring, Review and Impact

This policy will be reviewed annually and evaluated through pupil voice, staff feedback and parent consultation.

Impact

By the end of primary school, pupils will:

- Be confident individuals with a strong sense of self
- Understand how to build and maintain positive relationships
- Know how to keep themselves safe and healthy
- Demonstrate respect, tolerance and responsibility - Be well-prepared for the next stage of education

The governing body is responsible for ensuring the effective implementation of this policy.

11. Policy Links

This policy should be read alongside:

- RSHE Policy
- Safeguarding and Child Protection Policy
- Behaviour Policy
- Anti-Bullying Policy
- Equality Policy