



# Mareham Le Fen CE Primary School

## Spirituality Policy

Date policy last reviewed: January 2026

Spirituality is how we think, feel and wonder about ourselves, other people, our community, the world, and what really matters.

### Our Vision

We aspire to '**Live life to the full and create a better future for all**'. We believe that God is the thread that pulls us together as one community moving forward into the wider world.

We aim to give everyone rich and varied opportunities to develop confidence, self-respect, and a sense of wonder for the world. We provide a safe, secure, stimulating and inclusive environment, where everyone is valued and supported by each other. We believe this will enable all to reach their full potential and develop resilience to meet life's challenges so that we can live happy and fulfilling lives.

Our vision is theologically-rooted in our values which are linked to Bible verses or stories and complimented by (John 10:10) 'Jesus came so that we may have life, life in all its fullness.' Our vision and values underpin all we do, ensuring we give all, to all and live our lives to the fullest.

### Our Understanding of Spirituality

At Mareham Le Fen, we understand spirituality as a core part of **human flourishing**. Spirituality supports pupils in developing awareness of themselves, others, their community, the world around them, and what really matters in life. Spirituality is not limited to religious belief alone; it is something that **everyone experiences and develops**, regardless of faith or worldview. It is nurtured through reflection, relationships, creativity, awe, challenge, and moments of joy or difficulty.

### Our Approach to Spiritual Development

#### Windows, Mirrors and Doors

Spiritual development at Mareham Le Fen is supported through the **Windows, Mirrors and Doors** approach. This shared language is used across collective worship, the curriculum and wider school life. Each element plays a distinct role in helping pupils move from **experience**, to **reflection**, to **response**, supporting both individual growth and growth as a community. See Appendix 1 for school poster.

#### WINDOWS – Encountering the World (Looking Out)

A **window** shows pupils an event, a story or a situation. Pupils are invited to look through the window from their own lives into another viewpoint, experience or way of understanding the world.

Windows provide opportunities for pupils to encounter:

- Stories, beliefs and traditions
- Experiences of others
- The natural world and beauty
- Moments of awe, curiosity and wonder ('*wow*' moments)

Through windows, pupils are encouraged to notice, question and wonder, helping them to see beyond their immediate experience and recognise the richness and diversity of life.

### MIRRORS – Reflection and Meaning (Looking In)

A **mirror** moment allows pupils time to reflect on what they have encountered. Pupils are encouraged to consider how an experience makes them feel and think, and what it may mean for them personally.

Mirror moments may involve:

- Thinking about emotions and reactions
- Recognising 'wow' moments of joy or awe
- Recognising 'ow' moments of challenge, sadness or difficulty
- Quiet reflection and stillness

Through mirrors, pupils develop self-awareness, empathy and emotional understanding, helping them to understand themselves and others more deeply.

### DOORS – Response and Change (Moving Forward)

A **door** invites pupils to consider how they might be changed by an experience. Pupils are encouraged to think about whether there is anything they might do differently as a result of their reflections.

Doors support pupils in:

- Making positive choices
- Showing kindness, compassion and forgiveness
- Taking responsibility within the school and wider community
- Acting with courage, hope and care for others and the world

Through doors, pupils are supported to move from reflection into action, understanding that spirituality shapes how we live, behave and contribute to our community.

## **Spirituality in Collective Worship**

Collective worship plays a central role in nurturing spirituality at Mareham Le Fen. Daily worship intentionally includes opportunities for pupils to:

- Look through **windows** at stories, images, music, experiences and beliefs
- Engage with **mirrors** through reflection, stillness, questioning and prayer
- Consider **doors** by reflecting on how learning may influence actions and behaviour

Collective worship provides a shared space for pupils to grow spiritually as individuals and as a community, rooted in our Christian vision and values.

## **Spirituality Across School Life**

Spiritual development is promoted throughout all aspects of school life, including:

- The taught curriculum
- Relationships and behaviour
- Opportunities for creativity, imagination and enquiry
- Engagement with nature and the wider world
- Times of joy, celebration, challenge and support

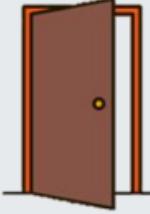
All staff share responsibility for nurturing spirituality and modelling reflective, respectful and compassionate behaviour.

## Our Aim

Through a shared understanding of **Windows, Mirrors and Doors**, we aim to create a school culture where pupils feel safe to **wonder, reflect, question and respond**. By doing this, we support everyone to **live life in all its fullness**, grow together as a community, and create a better future for all.

## Appendix 1

# Spirituality

Windows	Mirrors	Doors
<p>A window helps us look at out at the world. When we look through a window, we might see a story, an idea or something that happens to someone else.</p> 	<p>A mirror helps us look at ourselves. It helps us think about how something makes us feel, what it reminds us of and what it means to us.</p> 	<p>A door helps us move forward. It helps us think about how we might change, what choices we might make or what we might do differently.</p> 
<p>What do we notice or learn when we look at this story, picture or idea?</p>	<p>How does this make me feel or think?</p>	<p>What might I do, change or choose because of this?</p>
<p>What was our window today?</p>	<p>What did our mirror help us think about?</p>	<p>Which door might we walk through?</p>